

İSTANBUL HOSPITAL HEALTH

0541 698 30 79

instagram.com/istanbulhospitalhealth

facebook.com/istanbulhospitalhealth



0542 120 93 93



0542 130 93 93



Özel İstanbul Hospital, Atatürk Mah. Salıpazarı Cd.
No:30, 34307 Küçükçekmece/İstanbul

www.istanbulhospitalhealth.com

MOMMY AESTHETICS

Get Back to Your Old
self with

Mommy Makeover

A Mommy Makeover is a series of cosmetic surgery procedures that aim to correct body changes that often occur in women after childbirth. This personalized procedure focuses on the breasts, abdomen, waist, hips, and other problem areas to restore your former shape. A Mommy Makeover can consist of more than one surgical procedure, depending on your needs.



0541 698 30 79

instagram.com/istanbulhospitalhealth

facebook.com/istanbulhospitalhealth

Özel İstanbul Hospital, Atatürk Mah.
Salıpazarı Cd. No:30, 34307 Küçükçekmece/İstanbul



0542 120 93 93



0542 130 93 93

WHAT PROCEDURES ARE INCLUDED IN MOMMY MAKEOVER?

Breast Aesthetics (Breast Enlargement, Reduction or Lift): Loss of volume or sagging in the breasts that occurs during pregnancy and breastfeeding is corrected. You can regain the former full shape of your breasts.

Abdominoplasty: Post-pregnancy sagging and loose skin in the abdominal area are tightened, abdominal muscles are repaired and a flat abdominal profile is achieved.

Liposuction: Stubborn fat accumulated after pregnancy, especially in the waist, hip and abdomen area, is removed with liposuction, thus thinning and shaping your body lines.

Genital Aesthetics: Aesthetic and functional problems that may occur in the vaginal area after birth can be corrected with procedures such as labiaplasty or vaginoplasty.



0541 698 30 79

instagram.com/istanbulhospitalhealth

facebook.com/istanbulhospitalhealth

Özel İstanbul Hospital, Atatürk Mah.
Salıpazarı Cd. No:30, 34307 Küçükçekmece/İstanbul



0542 120 93 93



0542 130 93 93

BRAZILIAN BUTT LIFT

Get Attractive and Full
Buttocks with

Brazilian Butt Lift (Bbl)

Would you like to have the fully shaped hips of your dreams? Brazilian Butt Lift (BBL), shapes your body lines and allows you to have attractive, full and round hips. This aesthetic procedure both highlights your hips and balances the general proportions of your body, creating a feminine and attractive silhouette.



0541 698 30 79

instagram.com/istanbulhospitalhealth

facebook.com/istanbulhospitalhealth

Özel İstanbul Hospital, Atatürk Mah.
Salıpazarı Cd. No:30, 34307 Küçükçekmece/İstanbul



0542 120 93 93



0542 130 93 93

HOW IS THE BRAZILIAN BUTT LIFT PROCEDURE PERFORMED?



Consultation: First, during your meeting with our expert surgeons, the current condition of your body will be evaluated and the most appropriate treatment plan will be created in line with your expectations.

Liposuction: In the first stage, excess fat is removed from certain areas of your body (usually the abdomen, waist, back or thighs). This fat is purified through a special process.

Fat Injection: Purified fat is carefully injected into your buttocks by the surgeon. This procedure gives your buttocks a fuller, rounder and more contoured appearance.

RHINOPLASTY

Take the First Step to a
New You

Who wouldn't want to have a beautiful smile, harmonious facial features and a nose that improves your breathing? Take action now to achieve the look you dream of! Contact us to learn more about rhinoplasty, meet with our experts and set up a free consultation. Are you ready to take your beauty one step further?

Get a new face, regain your self-confidence!



0541 698 30 79

instagram.com/istanbulhospitalhealth

facebook.com/istanbulhospitalhealth

Özel İstanbul Hospital, Atatürk Mah.
Salıpazarı Cd. No:30, 34307 Küçükçekmece/İstanbul



0542 120 93 93



0542 130 93 93

WHY CHOOSE US?

Expert Team: Our expert surgeons with years of experience ensure you achieve the best results with modern techniques and precision.

Personalized Planning: Every face is unique, so we create a treatment plan specifically designed for you.

Cutting-edge Technology: We offer a safe and effective operating experience with the latest technologies and advanced surgical techniques.

Safe and Comfortable Process: We are with you with pre- and post-operative support, detailed information and a comfortable process.



0541 698 30 79

instagram.com/istanbulhospitalhealth

facebook.com/istanbulhospitalhealth

Özel İstanbul Hospital, Atatürk Mah.
Salıpazarı Cd. No:30, 34307 Küçükçekmece/İstanbul



0542 120 93 93



0542 130 93 93

GENITAL AESTHETICS

Increase Your Comfort
and Confidence with
Genital Aesthetics!

Aesthetic and functional problems in the genital area can cause discomfort both physically and psychologically. Genital aesthetic procedures are surgical procedures aimed at eliminating these problems and improving the appearance and function of your genital area. Learning about genital aesthetic solutions is an important step in increasing your personal comfort and feeling better.



0541 698 30 79

instagram.com/istanbulhospitalhealth

facebook.com/istanbulhospitalhealth

Özel İstanbul Hospital, Atatürk Mah.
Salıpazarı Cd. No:30, 34307 Küçükçekmece/İstanbul



0542 120 93 93



0542 130 93 93

GENITAL AESTHETIC PROCEDURES IN WOMEN

Labiaplasty: This is a procedure that reduces or reshapes the size of the vaginal lips (labia minora or labia majora). Large or asymmetrical labia may cause discomfort or aesthetic problems.

Vaginoplasty: It is a procedure that aims to correct problems such as sagging or loosening of the vagina. It corrects vaginal looseness that occurs after birth or due to aging.

Perineoplasty: Provides aesthetic and functional correction of the perineal area (the area between the vagina and anus). It is especially performed to correct changes in the perineal area after birth.

Clitoropexy: A procedure that corrects sagging or changing position of the clitoris. This procedure may be performed to increase sexual satisfaction.

G Labia Minora Augmentation: The procedure of increasing the volume of the vaginal lips is usually performed to correct aesthetic or functional problems.



EYELID AESTHETICS

Get Sparkling Eyes
Again!

It is now possible to erase the tiredness of years from your eyes and achieve a youthful look. Rediscover yourself with eyelid aesthetics and see a younger and more energetic face when you look in the mirror!

Contact us now to get detailed information about eyelid aesthetics, meet our experts and make a free consultation appointment. Recover the sparkle of your eyes and achieve a young and vibrant look!



0541 698 30 79

instagram.com/istanbulhospitalhealth

facebook.com/istanbulhospitalhealth

Özel İstanbul Hospital, Atatürk Mah.
Salıpazarı Cd. No:30, 34307 Küçükçekmece/İstanbul



0542 120 93 93



0542 130 93 93

WHY SHOULD YOU CHOOSE US?



Experienced Surgeons: Our expert plastic surgeons use techniques appropriate to facial anatomy and eye structure to achieve natural results.

Personalized Approach: Each individual's eye structure is different; therefore, we aim to achieve the best results by offering you a personalized treatment plan.

Natural Results: Our goal is to achieve a natural and harmonious appearance that does not reveal any surgical intervention.

Safe and Comfortable Process: We are with you throughout the entire process with detailed information before the operation, maximum comfort during the operation and post-operative care.

0541 698 30 79

instagram.com/istanbulhospitalhealth

facebook.com/istanbulhospitalhealth

Özel İstanbul Hospital, Atatürk Mah.
Salıpazarı Cd. No:30, 34307 Küçükçekmece/İstanbul



0542 120 93 93



0542 130 93 93

EYE LASER TREATMENT

A Modern Solution for
Perfect Vision

Eye laser treatment is an effective and reliable method used to correct eye disorders such as myopia, hyperopia and astigmatism. With the development of laser technology, eye laser treatment has become an excellent option for millions of people who want to end their dependency on glasses and lenses.



0541 698 30 79

instagram.com/istanbulhospitalhealth

facebook.com/istanbulhospitalhealth

Özel İstanbul Hospital, Atatürk Mah.
Salıpazarı Cd. No:30, 34307 Küçükçekmece/İstanbul



0542 120 93 93



0542 130 93 93



WHO IS SUITABLE FOR EYE LASER TREATMENT?

Myopia (Inability to See Far Away Clearly): Eye laser treatment helps people with myopia see far away more clearly by flattening the overly curved cornea of the eye.

Hyperopia (Inability to See Near Away Clearly): In people with hyperopia, eye laser treatment reshapes the cornea, allowing them to see nearby objects more clearly.

Astigmatism: Astigmatism is caused by the irregular shape of the eye's cornea or lens. These irregularities are corrected and vision is clarified with laser treatment.

0541 698 30 79

instagram.com/istanbulhospitalhealth

facebook.com/istanbulhospitalhealth

Özel İstanbul Hospital, Atatürk Mah.
Salıpazarı Cd. No:30, 34307 Küçükçekmece/İstanbul



0542 120 93 93



0542 130 93 93

J-PLAZMA

Renew and Tighten Your Skin
with J-Plazma

J-Plasma (Renuvion) is an advanced aesthetic treatment method that targets subcutaneous tissues by combining plasma energy and radiofrequency (RF) technology. This innovative technology triggers collagen production under the skin, tightening and rejuvenating the skin. J-Plasma can be used on the face and body areas and does not require surgery as it is a minimally invasive method.



0541 698 30 79

instagram.com/istanbulhospitalhealth

facebook.com/istanbulhospitalhealth

Özel İstanbul Hospital, Atatürk Mah.
Salıpazarı Cd. No:30, 34307 Küçükçekmece/İstanbul



0542 120 93 93



0542 130 93 93



IN WHAT SITUATIONS IS J-PLASMA USED?

Facial Sagging: It is especially effective for correcting sagging in the cheeks, jawline and neck area.

Abdomen and Waist Area: It eliminates sagging in the abdominal area that occurs after birth or weight loss and provides a firm abdominal appearance.

Arms and Thighs: By reducing the looseness in the arms and thighs, a tighter and more shaped appearance is achieved.

Back and Hips: Improves body contour by correcting sagging in these areas.

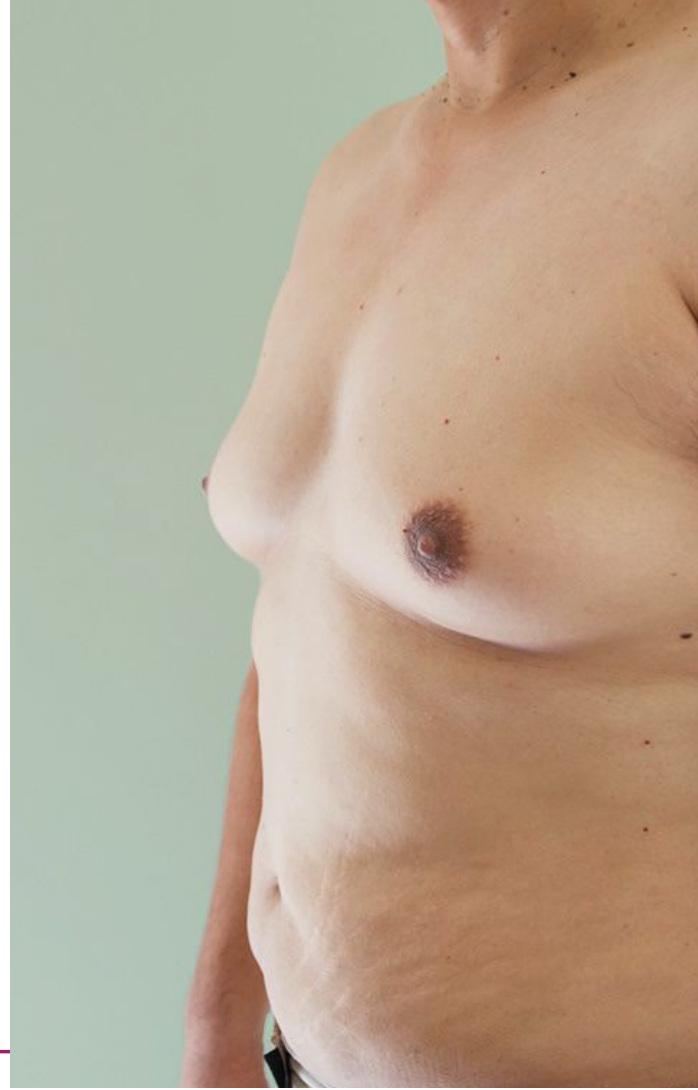
Face and Body Renewal: Generally used for skin rejuvenation and tightening, increasing skin elasticity and reducing wrinkles.

GYNECOMASTIA

Effective Solution to Breast Growth

Problem in Men

Gynecomastia, which is seen in men, is a condition characterized by feminine growth and deformity in the chest area. It can occur due to reasons such as hormonal imbalances, genetic factors, certain medications or weight gain. This condition can create aesthetic concerns and negatively affect self-confidence. Gynecomastia surgery is the most effective solution to correct this condition and give the chest area a more masculine appearance.



0541 698 30 79

instagram.com/istanbulhospitalhealth

facebook.com/istanbulhospitalhealth

Özel İstanbul Hospital, Atatürk Mah.
Salıpazarı Cd. No:30, 34307 Küçükçekmece/İstanbul



0542 120 93 93



0542 130 93 93

TAKE THE FIRST STEP FOR A MASCULINE LOOK!

Leave your chest problems behind and regain your self-confidence. Take action now to achieve a more masculine and aesthetic appearance in the chest area!

Contact us now to learn more about gynecomastia surgery, meet with our experts, and schedule a free consultation. Achieving a masculine and fit appearance is now much easier!



0541 698 30 79

instagram.com/istanbulhospitalhealth

facebook.com/istanbulhospitalhealth

Özel İstanbul Hospital, Atatürk Mah.
Salıpazarı Cd. No:30, 34307 Küçükçekmece/İstanbul



0542 120 93 93



0542 130 93 93

TUMMY TUCK ABDOMINOPLASTY

Get a Flat and Firm Stomach
with

Abdominoplasty (Tummy Tuck)!

Abdominoplasty is a surgical procedure that aims to achieve a flatter and firmer abdomen by removing excess skin and fat from the abdominal area and reshaping the abdominal muscles. This procedure is usually preferred to correct aesthetic problems such as sagging, looseness and stretch marks in the abdominal area.



0541 698 30 79

instagram.com/istanbulhospitalhealth

facebook.com/istanbulhospitalhealth

Özel İstanbul Hospital, Atatürk Mah.
Salıpazarı Cd. No:30, 34307 Küçükçekmece/İstanbul



0542 120 93 93



0542 130 93 93

WHO IS ABDOMINOPLASTY SUITABLE FOR?

Post-Pregnancy: Ideal for those who complain about sagging and looseness in the abdominal area after pregnancy.

After Weight Loss: Suitable for those who want to get rid of excess skin and fat tissue resulting from weight loss.

Signs of Aging: Suitable for those who want to correct the loss of elasticity in the abdominal area due to aging.

Aesthetic Posture: It is a suitable option for anyone who wants to achieve a flat and tight appearance in the abdominal area.



PHACO SURGERY (PHACOEMULSIFICATION) IN CATARACT SURGERY

Take the First Step for a
Clear Vision!

Cataract is a common eye problem that causes vision loss due to clouding of the eye lens. Surgical intervention is the most effective method in cataract treatment and one of the most modern and common techniques in this field is the Phaco surgery (Phacoemulsification) method. This technique eliminates cataracts with a minimally invasive method and offers a rapid recovery process.



0541 698 30 79

instagram.com/istanbulhospitalhealth

facebook.com/istanbulhospitalhealth

Özel İstanbul Hospital, Atatürk Mah.
Salıpazarı Cd. No:30, 34307 Küçükçekmece/İstanbul

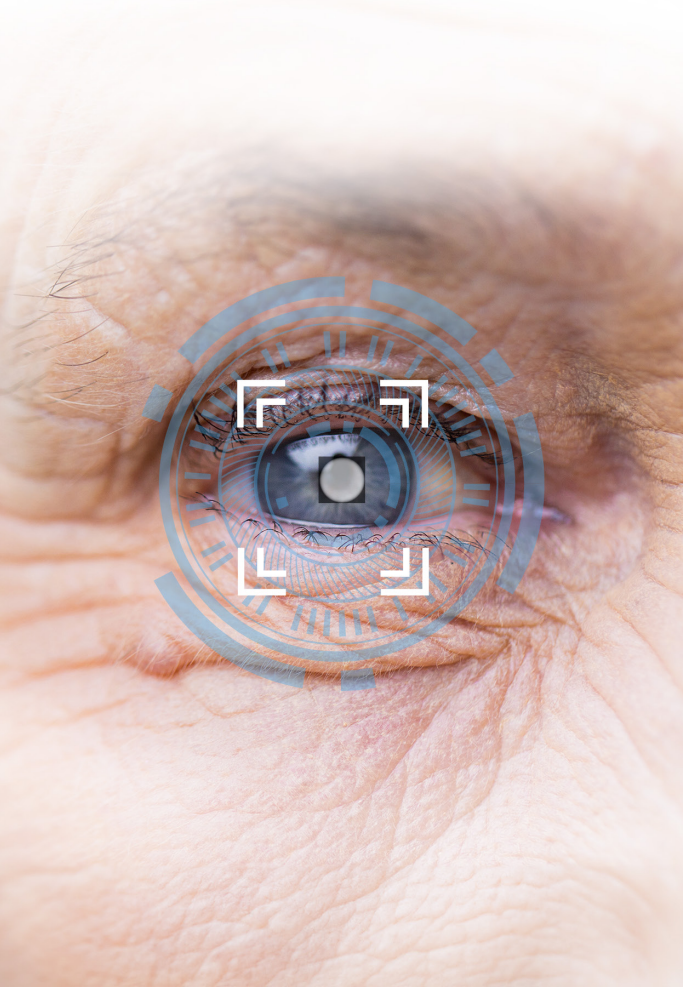


0542 120 93 93



0542 130 93 93

HOW IS PACO SURGERY PERFORMED?



Anesthesia: Drop anesthesia is applied to the eye area during the surgery, so the patient does not feel pain and the surgery is performed comfortably.

Small Incision: The surgeon makes a small incision, usually 2-3 mm in size, in the cornea of the eye.

Ultrasonic Device Usage: The cataractous lens is broken up using ultrasonic vibrations with the phacoemulsification device. This device simultaneously sucks the broken lens and removes it from the eye.

Artificial Lens Placement: After the cataractous lens is removed, a clear artificial intraocular lens (IOL) is placed in its place. This artificial lens takes over the function of the natural lens and corrects the patient's vision.

Incision Closure: Since the incision is so small, it usually does not require stitches and closes on its own.

PROMINENT EAR SURGERY

Show Off Your Ears With
Confidence!

Get natural looking ears that are compatible with your face with protruding ear surgery. Take action now to feel better about yourself and show off your ears with confidence!

Contact us now to learn more about protruding ear surgery, meet with our experts and make a free consultation appointment. It's now very easy to get the look you dream of!



0541 698 30 79

instagram.com/istanbulhospitalhealth

facebook.com/istanbulhospitalhealth

Özel İstanbul Hospital, Atatürk Mah.
Salıpaazarı Cd. No:30, 34307 Küçükçekmece/İstanbul



0542 120 93 93



0542 130 93 93

WHY PROMINENT EAR SURGERY?



Aesthetic Appearance: Bringing the ears to a more natural position improves the overall aesthetics of your face.

Increased Self-Confidence: When you are happy with the appearance of your ears, your self-confidence increases and you feel more comfortable in social situations.

Permanent Results: Protruding ear surgery offers permanent results, so you will never have to worry about the appearance of your ears again.

Can be Applied at an Early Age: Otoplasty can usually be performed from the age of 5-6, when the ear development is complete. In this way, surgeries performed at an early age, especially in children, can prevent psychological problems in the future.

0541 698 30 79

instagram.com/istanbulhospitalhealth

facebook.com/istanbulhospitalhealth

Özel İstanbul Hospital, Atatürk Mah.
Salıpazarı Cd. No:30, 34307 Küçükçekmece/İstanbul



0542 120 93 93



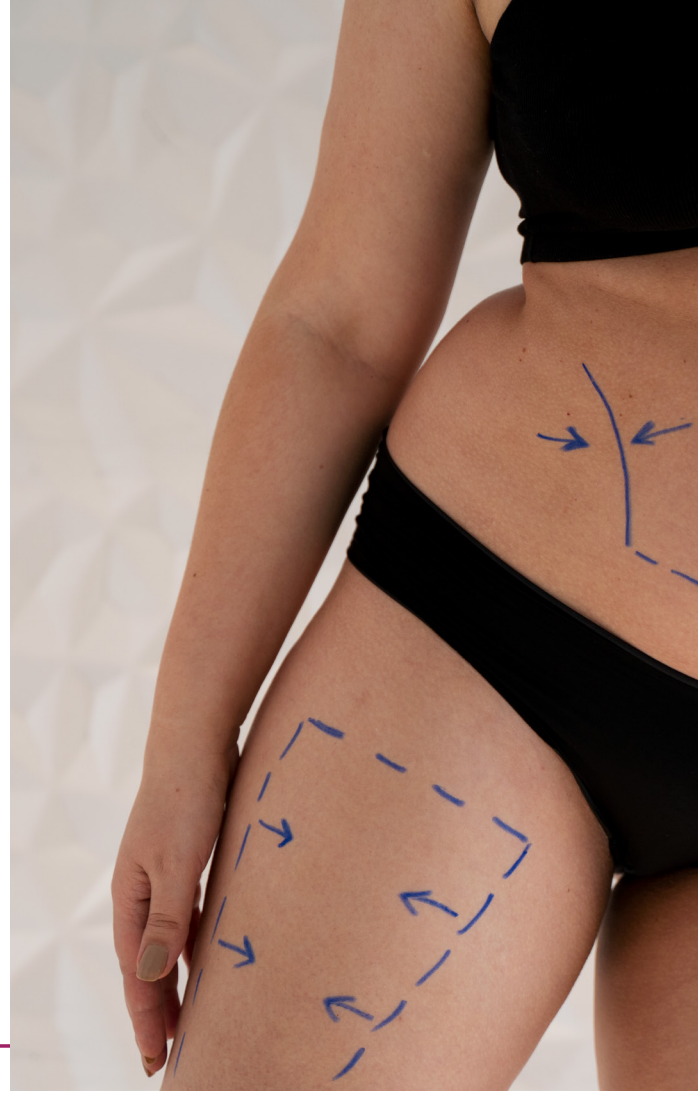
0542 130 93 93

LIPOSUCTION

Achieve the Body Lines
of Your Dreams

with Liposuction

Liposuction is the surgical removal of stubborn fat tissue in the body by vacuuming it. This procedure targets fat deposits that cannot be eliminated with diet and exercise and shapes your body contours. Liposuction is most commonly applied to areas such as the abdomen, waist, hips, thighs, knees, arms, back and under the chin. Modern liposuction techniques remove the fat tissue under the skin more precisely, giving the body a natural and balanced appearance.



0541 698 30 79

instagram.com/istanbulhospitalhealth

facebook.com/istanbulhospitalhealth

Özel İstanbul Hospital, Atatürk Mah.
Salıpaazarı Cd. No:30, 34307 Küçükçekmece/İstanbul



0542 120 93 93



0542 130 93 93

LIPOSUCTION TECHNIQUES



Classic Liposuction: Traditional liposuction involves the removal of fat cells using a vacuum. It is usually performed under local anesthesia or sedation.

Tumescent Liposuction: In this technique, a liquid is first injected into the area where the fat tissue is located. This liquid swells the fat tissue, allowing it to be removed more easily and minimizing bleeding during surgery.

Laser Liposuction: Laser energy is used to melt fat cells and then vacuum them out. This technique can help tighten skin.

Ultrasonic Liposuction: Fat cells are broken down and liquefied with ultrasound waves, then these fats are vacuumed out of the body. This method allows more fat to be removed and keeps the skin smooth.

Reshape Your Body!

Improve the appearance of your body with liposuction and achieve slimmer, more aesthetic lines. Take action now to rediscover yourself and increase your self-confidence! Contact us now to learn more about liposuction, meet with our experts and schedule a free consultation. Getting the body line you dream of is now much easier!

0541 698 30 79

instagram.com/istanbulhospitalhealth

facebook.com/istanbulhospitalhealth

Özel İstanbul Hospital, Atatürk Mah.
Salıpaazarı Cd. No:30, 34307 Küçükçekmece/İstanbul



0542 120 93 93



0542 130 93 93

BREAST AUGMENTATION

Breast augmentation is a surgical procedure performed to increase the volume and shape of the breasts. It is usually performed using silicone or saline (salt water) implants. Breast augmentation is designed to achieve a fuller, more aesthetically pleasing breast shape while preserving the natural appearance of the breasts.



METHODS OF BREAST AUGMENTATION



Implant Selection: Implants used in breast augmentation are usually silicone or saline. Silicone implants provide a more natural feel and appearance, while saline implants are a less risky and more cost-effective option.

Implant Placement: Implants can be placed under the breast (submuscular) or above the breast (subglandular). The choice depends on your personal preferences and the surgeon's recommendations.

Incision Sites: The incision sites where the implant is placed are usually made around the nipple, in the lower breast crease, or in the armpit area. These incisions are designed to leave minimal scarring.

BREAST LIFT

Achieve a Youthful and
Dynamic Appearance
with Breast Lift!

Over time, the breasts may sag and lose volume, which can both cause aesthetic discomfort and negatively affect your self-confidence. A breast lift is a surgical procedure that lifts your sagging breasts and gives them a younger, firmer, and more aesthetic appearance. With this procedure, you can regain the natural beauty of your breasts.



TAKE ACTION FOR A YOUNG AND UPRIGHT LOOK!

Leave your aesthetic concerns behind with breast lift and gain a more youthful, dynamic appearance. Take action now to feel fresh and confident again!

Contact us now to learn more about breast lift aesthetics, meet with our experts and make a free consultation appointment. It is now much easier to achieve the youthful and firm breast appearance of your dreams!

0541 698 30 79

instagram.com/istanbulhospitalhealth

facebook.com/istanbulhospitalhealth

Özel İstanbul Hospital, Atatürk Mah.
Salıpazarı Cd. No:30, 34307 Küçükçekmece/İstanbul



0542 120 93 93



0542 130 93 93

BREAST REDUCTION

Large breasts can be uncomfortable not only aesthetically but also physically. Breast reduction surgery is a surgical procedure that reduces the size of your breasts to provide a more comfortable, balanced and aesthetic appearance. This procedure relieves problems such as back pain, neck pain and shoulder pressure, while also increasing your self-confidence and improving your quality of daily life.



0541 698 30 79

[instagram.com/istanbulhospitalhealth](https://www.instagram.com/istanbulhospitalhealth)

[facebook.com/istanbulhospitalhealth](https://www.facebook.com/istanbulhospitalhealth)

Özel İstanbul Hospital, Atatürk Mah.
Salıpazarı Cd. No:30, 34307 Küçükçekmece/İstanbul



0542 120 93 93



0542 130 93 93



HOW IS BREAST REDUCTION AESTHETICS PERFORMED?

Consultation: During your consultation with our expert surgeons, your breast structure and needs will be evaluated. A treatment plan that meets your expectations will be created. Surgical intervention will be planned by taking into account breast size, shape and symmetry.

Surgical Procedure: Breast reduction aesthetics is usually performed under general anesthesia. The surgeon reduces and reshapes the breasts by removing excess fat, tissue and skin. The nipple and areola are repositioned to suit the new breast size.

Recovery Process: There may be swelling and bruising after the surgery. Recovery usually occurs within a few weeks and you can return to your daily activities. The full results will appear within a few months, and the surgical scars will fade over time.

0541 698 30 79

instagram.com/istanbulhospitalhealth

facebook.com/istanbulhospitalhealth

Özel İstanbul Hospital, Atatürk Mah.
Salıpazarı Cd. No:30, 34307 Küçükçekmece/İstanbul



0542 120 93 93



0542 130 93 93

GASTRIC BALLOON

Gastric Balloon:

A Non-Surgical Weight Loss Solution

Losing weight is an important step towards living a healthy life, but diet and exercise may not be enough for everyone. A gastric balloon offers an effective weight loss method that does not require surgical intervention. This method is an ideal solution for people who want to lose their excess weight in a healthy way but cannot achieve sufficient results with diet and exercise.



0541 698 30 79

instagram.com/istanbulhospitalhealth

facebook.com/istanbulhospitalhealth

Özel İstanbul Hospital, Atatürk Mah.
Salıpazarı Cd. No:30, 34307 Küçükçekmece/İstanbul



0542 120 93 93



0542 130 93 93

WHAT IS A GASTRIC BALLOON?

A gastric balloon is an inflatable device that is placed in the stomach to promote weight loss. Once the gastric balloon is in place, it is inflated within the stomach, filling a portion of the stomach and allowing the person to feel full with less food. In this way, daily calorie intake is reduced and the weight loss process begins.

Who is Suitable for Gastric Balloon?

People with a Body Mass Index (BMI) of 27 and Above: It is especially suitable for people who are at or above the obesity limit.

Those Who Cannot Achieve Sufficient Results with Diet and Exercise: It is an effective alternative for people who cannot achieve weight loss with diet and exercise.

Those Who Do Not Want to Undergo Surgery: Gastric balloon is a weight loss method that does not require surgery.

Those Looking for a Temporary Weight Loss Solution: Unlike surgical procedures, the gastric balloon usually remains in your stomach for 6 to 12 months, helping you lose weight during this period.



0541 698 30 79

instagram.com/istanbulhospitalhealth

facebook.com/istanbulhospitalhealth

Özel İstanbul Hospital, Atatürk Mah.
Salıpazarı Cd. No:30, 34307 Küçükçekmece/İstanbul



0542 120 93 93



0542 130 93 93

STOMACH REDUCTION

Take the First Step to a
Healthy Life!

Stomach reduction surgery is a weight loss operation that reduces the size of the stomach by surgically removing or dividing a portion of the stomach. This surgery allows the person to feel full with less food, thus reducing their daily calorie intake.



0541 698 30 79

instagram.com/istanbulhospitalhealth

facebook.com/istanbulhospitalhealth

Özel İstanbul Hospital, Atatürk Mah.
Salıpazarı Cd. No:30, 34307 Küçükçekmece/İstanbul



0542 120 93 93



0542 130 93 93



Stomach reduction surgery can be performed using a variety of techniques, but the most commonly used methods are:

Sleeve Gastrectomy: In this method, a large portion of the stomach is removed, creating a narrow, tube-shaped stomach. Sleeve gastrectomy reduces the volume of the stomach by approximately 75%, which allows the person to feel full with less food. In addition, since the part of the stomach that secretes hunger hormones is removed, appetite also decreases.

Gastric Bypass: In gastric bypass surgery, the stomach is reduced to create a small stomach pouch and a portion of the small intestine is connected to this pouch. This procedure reduces both the stomach volume and the absorption of nutrients, accelerating weight loss.

Gastric Band: Adjustable gastric band divides the stomach into two separate sections with a band placed on the upper part of the stomach. The tightness of the band can be adjusted after surgery, allowing the person to feel full with less food.

0541 698 30 79

instagram.com/istanbulhospitalhealth

facebook.com/istanbulhospitalhealth

Özel İstanbul Hospital, Atatürk Mah.
Salıpazarı Cd. No:30, 34307 Küçükçekmece/İstanbul



0542 120 93 93



0542 130 93 93

WHO IS SUITABLE FOR GASTRIC REDUCTION SURGERY?

Those with a Body Mass Index (BMI) of 40 and Above: Suitable for people with morbid obesity.

Those with a BMI between 35-40 and Obesity-Related Health Problems: Also suitable for people with serious obesity-related health problems such as type 2 diabetes, high blood pressure, and sleep apnea.

Those Who Cannot Achieve Sufficient Weight Loss with Diet and Exercise: Provides a surgical solution for people who are unsuccessful with traditional weight loss methods.



0541 698 30 79

instagram.com/istanbulhospitalhealth

facebook.com/istanbulhospitalhealth

Özel İstanbul Hospital, Atatürk Mah.
Salıpazarı Cd. No:30, 34307 Küçükçekmece/İstanbul



0542 120 93 93



0542 130 93 93

PENILE PROSTHESIS

Penile Prosthesis:

Regain Your Sexual Health
with a Permanent Solution

Erectile dysfunction can create significant difficulties in men's sexual lives. Penile prosthesis offers an effective and permanent solution to overcome this problem. In cases where erectile dysfunction cannot be resolved with medications or other treatment methods, penile prosthesis helps men regain their sexual performance and improves their quality of life.



0541 698 30 79

instagram.com/istanbulhospitalhealth

facebook.com/istanbulhospitalhealth

Özel İstanbul Hospital, Atatürk Mah.
Salıpazarı Cd. No:30, 34307 Küçükçekmece/İstanbul



0542 120 93 93



0542 130 93 93

PENILE PROSTHESIS SURGERY TYPES:



Inflatable Penile Prosthesis: This type of prosthesis consists of two or three parts and creates rigidity in the penis through pumping. One part of the device contains a pump that is placed in the scrotum. Using this pump, the user fills the cylinders inside the penis with fluid, creating an erection. It is easy to use and offers a natural appearance.

Flexible (Semi-Rigid) Penile Prosthesis: This type of prosthesis is permanently rigid, but flexible. It is brought into an upright position during sexual intercourse and is bent back into place after intercourse. Since it has a mechanically simpler structure, the risk of failure is low.

Penile Prosthesis Regain Sexual Health: Men's Sexual health is an important part of overall quality of life. However, for men who experience erectile dysfunction for various reasons, this situation can become a serious problem. Penile prosthesis offers an effective and permanent solution to eliminate this problem. Providing long-term results in the treatment of erectile dysfunction, penile prosthesis helps to revitalize men's sexual life.

CHEEK AESTHETICS

Reveal the Beauty of
Your Face
with Cheek Aesthetics!

Are you dreaming of more prominent cheeks, balanced facial features and a youthful appearance? With cheek aesthetics, you can reveal the beauty of your face and increase your natural attractiveness.



0541 698 30 79

instagram.com/istanbulhospitalhealth

facebook.com/istanbulhospitalhealth

Özel İstanbul Hospital, Atatürk Mah.
Salıpazarı Cd. No:30, 34307 Küçükçekmece/İstanbul



0542 120 93 93



0542 130 93 93

TYPES OF CHEEK AESTHETICS



Cheek Filling: You can achieve a fuller, younger and more attractive appearance by increasing the volume in your cheeks. This procedure, which is performed using hyaluronic acid-based fillers, provides an aesthetic result by preserving the natural balance in your face.

Bichectomy (Cheek Thinning): If you think your cheeks are too full, you can slim your face and achieve more defined facial features with bichectomy (cheek fat removal). This procedure is performed by surgically removing excess fat tissue from the cheeks.

Cheek Implants: If you are looking for a more permanent solution, you can achieve a younger and more balanced appearance by increasing the volume in your face with cheek implants. Implants are surgically placed in the cheek area and provide a natural appearance.

Get the Face of Your Dreams!

Improve the appearance of your face with cheek aesthetics and have a young, attractive expression. Take the first step to feel better about yourself and reveal your beauty!

Contact us now to learn more about cheek aesthetics, meet with our experts and make a free consultation appointment. Are you ready to meet the new beauty of your face?

0541 698 30 79

instagram.com/istanbulhospitalhealth

facebook.com/istanbulhospitalhealth

Özel İstanbul Hospital, Atatürk Mah.
Salıpaazarı Cd. No:30, 34307 Küçükçekmece/İstanbul



0542 120 93 93



0542 130 93 93

FACE AND NECK LIFT AESTHETICS

Face and Neck Lift Aesthetics!

Regain Your Youthful
Glow with

Are you bothered by the marks left by time on your face and neck? Are you unhappy with the sagging, wrinkles and loss of elasticity in the face and neck area? You can achieve a younger, more dynamic and fresher appearance with face and neck lift aesthetics (face lift and neck lift).



0541 698 30 79

instagram.com/istanbulhospitalhealth

facebook.com/istanbulhospitalhealth

Özel İstanbul Hospital, Atatürk Mah.
Salıpazarı Cd. No:30, 34307 Küçükçekmece/İstanbul



0542 120 93 93



0542 130 93 93

WHY FACE AND NECK LIFT AESTHETICS?



Youthful and Fresh Look: By eliminating sagging and wrinkles in the face and neck area, you will achieve a more youthful facial expression and a smooth neck.

Reshape Your Facial Lines: By making your facial lines more distinct and aesthetic, highlight your natural beauty.

Permanent Results: Face and neck lift aesthetics help you leave the signs of aging behind by providing long-term and permanent results.

Increased Self-Confidence: With your rejuvenated appearance, your self-confidence increases and you feel happier in your social life.

0541 698 30 79

instagram.com/istanbulhospitalhealth

facebook.com/istanbulhospitalhealth

Özel İstanbul Hospital, Atatürk Mah.
Salıpaazarı Cd. No:30, 34307 Küçükçekmece/İstanbul



0542 120 93 93



0542 130 93 93